



## AMK ASSOCIATES – AT A GLANCE

- Founded in 1991
- Manhattan-based cost management consulting firm
- Expenses assessed by the firm include:
  - Shipping (overnight and ground)
  - Refreshments
  - Payroll
  - Service Contracts (faxes, copiers, telephone system)
  - Printing
  - Office/equipment supplies
  - Telecommunication (voice and data)
- Clients have reported savings of more than:
  - 50% on printing
  - 55% on service contracts
  - 35% to 65% on telecommunication
  - 25% on overnight shipping
- Initial evaluation of assessment takes approximately 4 to 5 weeks
- Guaranteed savings is quoted after initial assessment, before the client signs on with AMK
- Entire cost management program takes approximately 8 to 10 months
- Clients include some of the nation's most well-known companies including Christie's, New York Sports Clubs, H&M (Hennes & Mauritz), Dongia Furniture and Zwilling J.A. Henckels
- Founder and president, Arleen Kahn has more than 25 years experience in the field of cost management consulting and has been an expert contributor to numerous publications including *Crain's New York Business*, *Strategic Edge* and American Management Association's *Management Review*

Address: 1678 First Avenue  
New York, New York 10128  
Phone: 212-534-0920  
Fax: 775-514-7563  
E-mail: [amk@amkassociates.com](mailto:amk@amkassociates.com)  
Web site: [www.amkassociates.com](http://www.amkassociates.com)